



SEPTEMBER 2023 SURREY GYMNASIUM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				CLOSED
CLOSED 4	LANC 1870 8:00 AM - 11:30 AM Open Gym 11:30 AM -9:45 PM	6 LANC 1870 8:00 AM - 11:30 AM Open Gym 12:00 PM -3:30 PM Volleyball Drop In 3:30 - 9:00PM	T LANC 1870 8:00 AM - 11:30 AM Kickboxing 12: 00 - 1:00 PM Open Gym 1:00 - 9:45 PM	Open Gym 8:00 AM- 11:50 AM Yoga 12: 00 - 1:00 PM Open Gym 1:00 - 9:45 PM
Open Gym 8:00 AM – 10:00 AM 11 LANC 1870 10:00 AM – 11:30 AM Yoga 12: 00 – 1:00 PM Open Gym 1:00 – 9:45 PM	LANC 1870 8:00 AM - 11:30 AM Open Gym 12:00 PM -9:45 PM	LANC 1870 8:00 AM - 11:30 AM Kickboxing 12: 00 - 1:00 PM Open Gym 12:00 PM -3:30 PM Volleyball Drop In 3:30 - 9:00PM	LANC 1870 8:00 AM - 11:30 AM Kickboxing 12: 00 - 1:00 PM Open Gym 1:00 - 9:45 PM	Open Gym 8:00 AM- 11:50 AM Yoga 12: 00 - 1:00 PM Open Gym 1:00 - 9:45 PM
Open Gym 8:00 AM – 10:00 AM LANC 1870 10:00 AM – 11:30 AM Yoga 12: 00 – 1:00 PM Open Gym 1:00 – 6:00 PM Soccer Drop In 6:00 – 9:00PM	LANC 1870 8:00 AM - 11:30 AM *Kickboxing 12: 00 - 1:00 PM Open Gym 1:00 PM -6:00 PM Badminton Drop In 6:00 - 9:00PM	LANC 1870 8:00 AM - 11:30 AM Open Gym 11:30 AM- 3:00 PM Volleyball Drop In 3:30 - 9:00PM	LANC 1870 8:00 AM - 11:30 AM *Kickboxing 12: 00 - 1:00 PM Open Gym 1:00 - 6:00 PM Basketball Drop In 6:00 - 9:00 PM	Open Gym 8:00 AM- 11:50 AM Yoga 12: 00 - 1:00 PM Open Gym 1:00 - 9:45 PM
Open Gym 8:00 AM – 10:00 AM LANC 1870 10:00 AM – 11:30 AM Yoga 12: 00 – 1:00 PM Open Gym 1:00 – 6:00 PM Soccer Intramurals 6:00 – 9:45PM	LANC 1870 8:00 AM - 11:30 AM *Kickboxing 12: 00 - 1:00 PM Open Gym 1:00 PM -6:00 PM Badminton Intramurals 6:00 - 9:45 PM	LANC 1870 8:00 AM - 11:30 AM Open Gym 11:30 AM- 3:00 PM Volleyball Drop In 3:30 - 6:00PM Volleyball Intramurals 6:00 - 9:45PM	28 LANC 1870 8:00 AM - 11:30 AM *Kickboxing 12: 00 - 1:00 PM Open Gym 1:00 - 6:00 PM Basketball Drop In 6:00 - 9:45 PM	Open Gym 8:00 AM- 11:50 AM Yoga 12: 00 - 1:00 PM Open Gym 1:00 - 9:45 PM

Calendar subject to change without notice www.kpu.ca/sportrec @kpu_sportrec KPU_SportRec kpusportrec